

## Maintaining Your Health Doesn't Have to Break the Bank



## HealthXpress Participant Assistance Program



With the HealthXpress Participant Assistance Program, you will receive access to a wide variety of health, wellness and lifestyle products and services. From discounts on prescription medications and diabetic care supplies to roadside assistance services, you can rest assured that you will receive the services you want at prices you can afford. Sign up for our most comprehensive plan and start saving today!

### What's included in this plan?

#### Expert Medical Review

PinnacleCare members are provided with expert second opinions, a customized report identifying top local, regional, or national specialists and facilitated appointments with top specialists and centers of excellence. Members also have access to dedicated advisors who will help coordinate with medical and behavioral teams to develop a path to help with anxiety, stress and other mental health issues.

#### Weight Management

- As a Profile member, you will work with certified health coaches to create a personalized nutrition, activity and lifestyle plan based on your goals and health history. Profile coaches will provide you with the guidance and support you need to make your weight loss sustainable.
- You are eligible to receive \$100 off a 1-Year Profile membership and \$100 in Profile Cash. Profile memberships include weekly 1-on-1 coaching, personalized plan and access to the Profile Precise Genetic test.

#### Prescription Discounts

Members will save between 15% to 80% on generic drugs and 15% to 25% on brand name drugs at over 60,000 participating pharmacies nationwide including Safeway, CVS, Wal-Mart, Walgreens and Rite Aid.

#### Hearing Discounts

- Careington members have access to hearing aid discounts from 30% to 60% at over 5,000 network providers nationwide. The latest in hearing aid technology by name brand manufacturers is available.
- Satisfaction guarantee: Members have a 45-day, no-obligation trial period on products purchased. If not completely satisfied, the member's money will be refunded (less applicable professional service fees).
- Members can unlock additional wellness reward savings and learn more about hearing loss through EPIC's online Listen Hear, Live Well hearing wellness program.

## Alternative Health & Wellness

The ChooseHealthy® program provides members with savings on a wide variety of specialty health and wellness services.

- Members save 25% on services from specialty health care providers. The ChooseHealthy program's full musculoskeletal provider network features more than 80,000 participating providers nationwide.
- Members can also choose from more than 10,000 participating fitness centers with the Active&Fit Direct program for \$25 a month\*.

Please note that the ChooseHealthy program is not insurance. You should check any insurance benefits you have before using this discount program, as those benefits may result in lower costs to you than using this discount program. The ChooseHealthy program provides for discounts from specialty health care providers. You are obligated to pay for all services from those providers but will receive a discount from those participating providers for services included in the program. The ChooseHealthy program also includes the Active&Fit Direct program, which provides discounted access to fitness centers. The ChooseHealthy program does not make any payments directly to participating providers or to the Active&Fit Direct program. The ChooseHealthy program has no liability for providing or guaranteeing services and assumes no liability for the quality of services rendered. Discounts on products and services available through the ChooseHealthy program are subject to change; please consult the website for current availability.

The programs described above are provided by ChooseHealthy, Inc. and American Specialty Health Fitness, Inc., subsidiaries of American Specialty Health Incorporated (ASH). ChooseHealthy, Active&Fit and Active&Fit Direct are trademarks of ASH and used with permission herein. Other names and logos may be trademarks of their respective owners.

\*Plus a \$25 enrollment fee and applicable taxes.

## Diabetic Care and Supplies

HOMELINK was founded on the belief that people would recover more quickly and have a higher quality of life if they were provided expert, professional service and quality medical supplies in the home health care arena. Over 20 years, 30 million people and a customer satisfaction rate of over 99% later, HOMELINK has become a leader in durable medical equipment.

HOMELINK offers you medical supplies and services in these areas:

- Beds
- Wheelchairs
- Insulin pumps
- Glucometers
- Muscle stimulators
- IV antibiotics
- Pain management
- CPAP/BiPAP
- Nebulizers
- Ventilators
- Home sleep testing
- Catastrophic care coordination
- And so much more

## Family Support

- Resources for Living (RFL) provides telephonic counseling and referrals for everyday needs. Worklife Consultants help members balance the demands of family, job and personal needs.
- Services include child care, elder care and care for adults with disabilities, caregiver support, school and college planning and convenience services.

**Disclosures: THIS PLAN IS NOT INSURANCE and is not intended to replace health insurance.** This plan does not meet the minimum creditable coverage requirements under M.G.L. c.111M and 956 CMR 5.00. This plan is not a Qualified Health Plan under the Affordable Care Act. This is not a Medicare prescription drug plan. The range of discounts will vary depending on the type of provider and service. The plan does not pay providers directly. Plan members must pay for all services but will receive a discount from participating providers. The list of participating providers is at [abc.solutionsimplified.com](http://abc.solutionsimplified.com). A written list of participating providers is available upon request. You may cancel within the first 30 days after effective date or receipt of membership materials (whichever is later) and receive a full refund. Discount Plan Organization and administrator: Careington International Corporation, 7400 Gaylord Parkway, Frisco, TX 75034; phone 800-441-0380. This plan is not available in Utah, Vermont or Washington.

# Plan Options



Member Only  
**\$125.00**/year



Member + Family  
**\$125.00**/year

## Roadside Protect

Roadside Protect, Inc. has designed a roadside assistance plan to reduce the impact of many of the inconveniences accompanying automobile ownership. This plan enhances members' automobile experiences by assisting with issues regarding automobile maintenance or breakdown.

**Emergency Roadside services are provided to Roadside Protect, Inc.**

### Roadside Assistance Service Excludes:

1. Service if member is not with the disabled vehicle. 2. Transportation for the member to the vehicle for service or from the vehicle to another destination after service has been rendered. 3. Service will not be rendered in areas not regularly traveled, such as vacant lots, beaches, open fields, or other places which would be hazardous for service vehicles to reach. 4. Towing a vehicle off a boat dock or marina. 5. Delivery or repair of tires. 6. Installation or removal of snow tires and chains nor dismounting, repairing, or rotating tires. 7. Vehicle's storage charges. 8. Cost of parts, installation, products, materials, impounding, and additional labor relating to towing. 9. Service of any kind on vehicles used for commercial purposes or using dealer tags (Note: All trucks in New York have commercial license plates whether they are used for business or private use. If the truck is used for private use, we will dispatch.) 10. Service for taxicabs, tractors, boats, trailers, dune buggies, or vehicles used for competition, or stolen vehicles. 11. Service for unlicensed vehicles. 12. Service for vehicles with expired safety/inspection sticker, license plate sticker, and/or emission sticker(s) where required by law. 13. Service for vehicles illegally parked or impounded. 14. Repeated service calls for a car in need of routine maintenance. 15. Service when a vehicle is snowbound. We do not hoist, winch, or shovel vehicles from unplowed roads, snow banks, snowbound driveways, or curbside parking. 16. Accident towing or towing to/from an impound lot. 17. Service for vehicles that have been involved in an accident or have been vandalized.